

*Menu subject to change due to availability of food items. \* May contain pork —Child must take fruit or juice with breakfast item*

*Available daily at breakfast: Assorted cereals, Fruit juice & Pop-Tarts - All meals offer assorted fat free flavored milk or 1% white milk*

Mon	Tue	Wed	Thu	Fri
		<p>1 Eggs &amp; Toast ~~~~~ Riblets or Fish sticks, Carrot sticks w/ Ranch dressing, Broccoli, Garlic bread, Fresh fruit, Pears</p>	<p>2 Waffles ~~~~~ Chicken fajita taco or Nachos, Refried beans, Lettuce &amp; tomatoes, Applesauce, Fresh fruit</p>	<p>3 Honey Bun ~~~~~ Link on a Bun or Fish Burger, Pork 'n' beans*, Deli roasted potatoes, Fresh fruit, Tropical fruit</p>
<p>6 Breakfast Pizza* ~~~~~ Chicken Nuggets or Steak fingers, Mashed potatoes &amp; gravy, Broccoli, Roll, Fresh fruit, Peaches</p>	<p>7 Scrambled Egg &amp; Tortilla ~~~~~ Beef and Cheese Nachos or Quesadilla, Iceberg lettuce &amp; diced tomatoes, Pinto beans, Pineapple, Fresh fruit</p>	<p>8 Kolache* ~~~~~ Hamburger or Spicy chicken sandwich, Tater tots, Carrots Fresh fruit, Pears</p>	<p>9 Muffin &amp; Yogurt ~~~~~ Pizza or Chicken gumbo with brown rice, Potato salad, Corn, Crackers, Tropical fruit, Fresh fruit</p>	<p>10 French Toast Sticks ~~~~~ Grilled chicken or Fish Sticks, Green beans, Cucumbers &amp; Tomatoes, Macaroni and cheese, Tropical fruit, Fresh fruit</p>
<p>20 Sausage Biscuit* ~~~~~ Chicken fried steak or Popcorn chicken, Mashed sweet potatoes, Brown gravy, Lima beans, Roll, Fresh fruit, Peaches</p>	<p>21 Pancake on a stick* ~~~~~ Chicken fettuccine alfredo or Lasagna Roll, Broccoli, Tossed salad with Romaine, Breadstick, Pineapple, Fresh fruit</p>	<p>22 Honey Bun ~~~~~ Corndog or Rib Sandwich, Tater tots, Cucumbers &amp; tomatoes, Fresh fruit, Mandarin oranges</p>	<p>23 Cream cheese Mini bagel ~~~~~ Burrito or Pizza, Corn, Lettuce &amp; Tomatoes, Pinto beans, Applesauce, Fresh fruit</p>	<p>24 Honey Bun ~~~~~ Barbecue Burger or Fish Burger, Pork 'n' beans*, Squash, Fresh fruit, Mixed fruit</p>
<p>27 Breakfast Bagel* ~~~~~ Chicken tenders or Oven Fried Chicken, Mashed potatoes &amp; gravy, Black-eyed peas, Roll, Fresh fruit, Peaches</p>	<p>28 Cocoa cherry bar &amp; Yogurt ~~~~~ Soft taco with salsa or Nachos, Pinto beans, Lettuce &amp; tomatoes, Pineapple, Fresh fruit</p>	<p>29 Egg &amp; Cheese Wrap ~~~~~ Hamburger or Turkey &amp; Cheese Sub, Baked French fries, Carrots &amp; celery sticks with Ranch dressing, Fresh fruit, Pears</p>	<p>30 Cinnamon French Toast ~~~~~ Pizza sticks with marinara sauce or Taco Roll, Italian mixed vegetables, Romaine salad, Applesauce, Fresh fruit</p>	<p>31 Glazed donut ~~~~~ Fish sticks or Grilled chicken, Green beans, Macaroni &amp; cheese, Yams, Fresh fruit, Tropical fruit</p>